## Completing your Aetna health assessment

1. Log on to <u>www.aetna.com</u> Choose Log in/Register



**3**. Once you have logged in or registered, select "Stay Healthy" from the home page.

**2**. Log on to your secure member portal or register for the portal if you are a first time user.

| Who we are | Initiatives   | Investors | Health section   |                          |  |                                  |                        |                |
|------------|---|-----------|--|--------------------------|--|----------------------------------|------------------------|----------------|
| Who we are |   | Investors | The sector   |                          |  |                                  |                        | -              |
|            | Select your role to login   |           |  |                          |  |                                  |                        |                |
|            | Member >  |           | MEMBER LOGIN   | DOI                      | DON'T HAVE AN ACCOUNT?   |                                  |                        |                |
|            | Avents /Brokers   |           | Find care, manage costs, try mealth program<br>and more. It's all about y d. | m It's e<br>acce<br>reac | asy to register. An<br>ss to tools, tips an<br>h your healthiest | nd when yo<br>nd program<br>you. | u do, you<br>s to help | ril get<br>you |
|            |   |           | Login  | C                        | begister )   |                                  |                        |                |
|            | Employer  |           | Forgot your username or password?  |                          |  |                                  |                        |                |
|            | HAVING TROUBLE SIGNING IN<br>We're here to help. Just contact Member Services. Or |           |  | vices. Or call the numb  | er on your ID care   | i.                               |                        |                |

4. Select "Access wellness".



5. In the Health Programs tab, select "Complete a Health Assessment."



**6.** Select "Launch My Health Assessment" from your health dashboard to begin completing your health assessment.



