

# Brightline Webinar: Raising Grateful Kids in a Modern World

*Share this mental health resource to support your employees'/members' families during the hectic end-of-the-year holiday season. Copy and paste the content below for emails, Slack, and other internal channels to invite your employees/members. All registrants will receive a link to view the recording after the event.*

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**Title:**

Bright Talks: Raising grateful kids in a modern world

**Webinar registration link:**

<https://hellobright.co/gratefulkids> (All registrants will get a link to the recorded webinar after the event)

**When:**

Wednesday, November 8th @ 10am PT / 1pm ET

**Description:**

With everything going on during the busy holiday season, it can be a challenge to make sure your family makes time to give thanks for their blessings. Our family mental health provider Brightline is hosting a free Bright talks webinar to give parents & caregivers the tools you need to raise grateful kids in a modern world. This 60-minute support session will be on Wednesday, November 8th @ 10am PT / 1pm ET, where Melissa Seithel, Brightline expert pediatric behavioral health coach, will cover:

- Modeling grateful behavior
- Talking to your kids about gifts
- Making gratitude a habit
- & more!

Register here: <https://hellobright.co/gratefulkids>

**Forward this invite to other caregivers in your kid's lives!**



**Speaker Bio:**

**Melissa Seithel, Brightline Behavioral Health Coach**

Melissa is a licensed School Psychologist in California and Illinois, as well as a senior behavioral health coach specialist at Brightline. She's supported children with a variety of concerns including Autism Spectrum Disorder (ASD), emotional disabilities, anxieties, and ADHD.